



## THE ALYESKA SKI CLUB MASTERS PROGRAM

The Alyeska Ski Club Masters Program consists of alpine skiers eighteen years or older who are seeking skiing and training opportunities to become better technical skiers in a fun, learning environment. The Masters program is open to all abilities and is designed to increase your technical skills through guided free skiing, drills, and gate training (and optional competitions). Most important, is that you are joining a group of people who really like to ski and have fun!

Members, through their membership fee, are entitled to full use of the Alyeska Ski Club Race Training Center, located at the base of Ted's Express. The Race Training Center gives members a place to change into their ski gear, store day bags, eat lunch and even wax your skis.

The training season usually begins in mid-December and continues through the beginning of April. There are fourteen or more weekend training days and eight races scheduled throughout the year, which consist of four slaloms and four giant slaloms. Additional Tuesday and Friday gate training is also offered during the season.

The social aspect of the Masters is what truly makes our program fun. We meet each weekend as a group, who are excited about skiing and improving our skills. After a great day of skiing or racing we meet at a variety of social events, post-race parties and potlucks, sponsored by the ODOM Corporation, which are covered by your program fees. All members and their families are invited to attend. At the end of the ski season there is a Year End Awards Banquet with Overall Awards and video (also included in your membership).

For more information on our season schedule, race results, social memberships and other useful links visit our website at <https://alYESKASKIclub.com/programs/masters/>.

# ALYESKA SKI CLUB MASTERS

## 2023/2024 Program and Race Fees

### Masters Program

Masters 18 – 80 years old

Saturday - Sunday | Alyeska Resort | 11:15am – 3:30pm

Program Cost - \$445

Membership Fee Includes – ASC Membership Dues and Year End Banquet.

Additional Inclusions – Masters Wednesday/Friday Gate Training

**MASTERS PROGRAM REFUND POLICY: BEFORE February 1, 2024, credit toward next season. AFTER February 1, 2024, no credit.**

### Masters Race Series

Open to Masters of all abilities

8 races (4 GS and 4 SL) | See race schedule

Race Series Cost - \$150 BEFORE the FIRST RACE or \$200 AFTER the FIRST RACE.

Individual Race Day Entry Fee - \$25

**NOTE** - By registering for the series, there is no need to check in and register online the night before. Just show up and race!

### Masters Race Bib Purchase

Bib Cost - \$25 (Keep your Bib as a memento, no need to pay yearly. Contact Caroline Ahrens - [dcahrens@alaska.net](mailto:dcahrens@alaska.net) for available numbers.)

### Masters Social Membership

Social Membership Cost - \$185

Social Membership Fee Includes – ASC Membership, use of Race Training Center, entry to Masters social events, post race parties and potlucks and one day of free instruction on a normally scheduled training day of your choice.

To register please visit: <https://alyeskaskiclub.com/programs/masters/>.

## Programming / Schedule

The Alyeska Masters will be offering weekend training and racing for all levels of skiers (see schedule for training, races and social events). The Masters Program offers fourteen days or more of training through the season. We will usually schedule four slalom races, and four giant slalom races throughout the year. All of these races will occur on various runs at Mt. Alyeska. Racing is OPTIONAL.

Coaches will perform an assessment of your abilities and advancement throughout the season and will suggest or place you in a group that is best for you.

By enrolling in the full-time Masters Program, athletes will also be entitled to train gates during the Tuesday and Friday sessions with coaches. Some of these training days will be in conjunction with the Juniors Program teams. There will be no group skiing during the mid-week.

## Training / Time / Notifications

On days that Masters are scheduled to ski we meet at the Race Training Center (RTC) at the base of Ted's Express. Athletes will check in with the coaches at 10:00am. The schedule for the day will be written on the **Masters Notice Board posted inside the RTC**. **Team Snap will be the primary form of updates for the notification such as weather and conditions that may result in changes to the day's training or race schedule.**

Please make sure that you provide your primary email and mobile number in your registration.

Tuesday and Friday Gate Training – Training days and times are shown in schedule, any updates will be via TeamSnap.

## RACE DAY 2023/2024 Season

Member Racers that have pre-paid for the race series (\$150 for 8 races and one time fee of \$25 for a bib number) may go straight to the race venue. Information on race times will be posted inside the RTC and sent via TeamSnap. Late racers may go to the start and will be slotted in by the Coach. Most races will have course inspection approximately between 10:30 and 11:30. The race fee covers the race (events team), video of race, and post race celebrations.

Member and non-member racers will sign-up by 5:00PM the Friday before the weekend races online only, via TeamSnap on the Masters web site. Details to come via email and Team Snap. Please make sure your email and TeamSnap records are current.

## Race Classes

We will be using the Masters National age groups and start order.

### AGE GROUPS

Age classes for National & Regional Championships as stated in the Masters competition guide 2022-2023 are listed below. Class is determined by racers age as of Dec. 31<sup>st</sup> of current season.

- Class 1 = ages 18-29 (1994-2005)
- Class 2 = ages 30-34 (1989-1993)
- Class 3 = ages 35-39 (1984-1988)
- Class 4 = ages 40-44 (1979-1983)
- Class 5 = ages 45-49 (1974-1978)
- Class 6 = ages 50-54 (1969-1973)
- Class 7 = ages 55-59 (1964-1968)
- Class 8 = ages 60-64 (1959-1963)
- Class 9 = ages 65-69 (1954-1958)
- Class 10 = ages 70-74 (1949-1953)
- Class 11 = ages 75-79 (1944-1948)
- Class 12 = ages 80-84 (1939-1943)
- Class 13 = ages 85-89 (1934-1938)
- Class 14 = ages 90 & Over (1933 and earlier)

### National Running Order

- Women Class 13
- Men Class 13
- Women Class 12
- Women Class 11
- Women Class 10
- Men Class 12
- Men Class 11
- Men Class 10
- Women Class 9 through 1
- Men Class 9 through 1

### Alyeska Masters Running Order (based on current membership)

- Men Class 11
- Women Class 10
- Men Class 10
- Women Class 9 through 1
- Men Class 9 through 1

For the first run, each age class will be sorted randomly. The second run is sorted by time within each age group.

## Race Points

Points are based on how you place in each race within your class throughout the ski season. Your race points will be utilized for an overall award at the end of the season as well as an award after each race for the top three finishers for each class. We will have other awards to recognize the interesting events that take place in Masters Ski Racing.

### Earning Points:

1<sup>st</sup> Place = 10 points

2<sup>nd</sup> Place = 7 points

3<sup>rd</sup> Place = 5 points

4<sup>th</sup> Place = 4 points

5<sup>th</sup> Place = 3 points

6<sup>th</sup> Place = 2 points

Everyone who races gets 1 point for participating!

## MASTERS ORGANIZATION & CONTACTS

Administrator: Caroline Ahrens

Head Coach: Rob Swanson & Martin Stewart

Coaching Staff:

Caroline Ahrens

Video/Photo: Landon Holzer

### The Alyeska Masters Advisory Committee

Members: Carl Swanson, Holly Hall, Jessica Nangle, Dave McVeigh, Caroline Ahrens, Martin Stewart, Rob Swanson

### Contacts:

Alyeska Masters c/o Alyeska Ski Club  
PO BOX 1070  
Girdwood, Alaska 99587

Website: <https://alyeskaskiclub.com/programs/masters/>

Head Coach Contact: [sgcrob@pobox.alaska.net](mailto:sgcrob@pobox.alaska.net) / Cell: 907-227-4606  
or [mjspa18@gmail.com](mailto:mjspa18@gmail.com) /Cell: 907-242-8094

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