



Alyeska Cup and U16/U18 Alaska State Championships

Wednesday, February 1, 2023

U12 – U14 Super G Training

MEETING SCHEDULE

9:30	Team coaches, officials (TD, Chief of Race, Chief of Course, Referees) course crew and setters meeting – Main floor RTC
11:15	Timing room, hand timers, starters meeting – Upstairs RTC
TBD	Team captains meeting – Via Zoom half hour after paperwork is complete

ON HILL SCHEDULE

10:00	Coaches, officials, course crew and setters load – Early load credentials required
10:00 – 10:45	Course set
10:10	Jury inspection
10:30	Athlete load
10:45 – 11:30	Course inspection
11:40	Course Freeze – Coaches & Jury in Position
11:50	First Race Forerunner
11:55	1 st race start – 45 second intervals
12:45	Course Freeze – Coaches & Jury in Position
12:50	Second Race Forerunner
12:55	1 st run 2 nd race start – 45 second intervals
2:00 – 4:00	U16/U18 SG Training Lower Bowl (coach directed)



Alyeska Cup and U16/U18 Alaska State Championships

Thursday, February 2, 2023

U12 – U14 Super G

MEETING SCHEDULE

- 9:30 Team coaches, officials (TD, Chief of Race, Chief of Course, Referees) course crew and setters meeting – Main floor RTC
- 11:15 Timing room, hand timers, starters meeting – Upstairs RTC
- TBD Team captains meeting – Via Zoom half hour after paperwork is complete

ON HILL SCHEDULE

- 10:00 Coaches, officials, course crew and setters load – Early load credentials required
- 10:00 – 10:45 Course set
- 10:10 Jury inspection
- 10:30 Athlete load
- 10:45 – 11:30 Course inspection
- 11:40 Course Freeze – Coaches & Jury in Position
- 11:50 First Race Forerunner
- 11:55 1st race start – 45 second intervals
- 12:45 Course Freeze – Coaches & Jury in Position
- 12:50 Second Race Forerunner
- 12:55 1st run 2nd race start – 45 second intervals
- 2:00 – 4:00 U16/U18 SG Training Lower Bowl (coach directed)



Alyeska Cup and U16/U18 Alaska State Championships

Friday, February 3, 2023

U16 – SR Super G

MEETING SCHEDULE

- 9:30 Team coaches, officials (TD, Chief of Race, Chief of Course, Referees) course crew and setters meeting – Main floor RTC
- 11:15 Timing room, hand timers, starters meeting – Upstairs RTC

ON HILL SCHEDULE

- 10:00 Coaches, officials, course crew and setters load – Early load credentials required
- 10:00 – 10:45 Course set
- 10:10 Jury inspection
- 10:30 Athlete load
- 10:45 – 11:30 Course inspection
- 11:40 Course Freeze – Coaches & Jury in Position
- 11:50 First Race Forerunner
- 11:55 1st race start – 45 second intervals
- 12:45 Course Freeze – Coaches & Jury in Position
- 12:50 Second Race Forerunner
- 12:55 1st run 2nd race start – 45 second intervals

Venue Tear Down at Race End.