



COVID-19 Staff Protocol

(October, 2020)

Alyeska Ski Club "ASC" STAFF (including VOLUNTEER COACHES) understand and agree to the following protocols and behaviors as part of our return to operations during the COVID-19 crises. ASC will continue to monitor evolving conditions and guidelines by the [CDC](#), local health officials and other governing bodies (such as the Municipality of Anchorage and U.S. Ski and Snowboard), and these protocols and behaviors are subject to change. ASC reserves the right to modify this statement at any time and will notify all employees with updates.

ASC staff are allowed to return to work at our office understanding the following guidelines, but are not required to return to work at our office at this time and can continue working remotely.

ASC WILL:

- Continue to monitor current restrictions, protocols, and recommendations
- Monitor that staff are COVID-19 symptom-free and have not been knowingly exposed to the virus
- Provide proper cleaning materials to clean hands and frequently touched surfaces
- Allow and encourage work from home when possible
- Require staff to stay home when they are sick
- Assist with any potential Worker's Compensation claims if a staff person is exposed or becomes infected while performing their duties.

STAFF WILL:

- Report any signs, symptoms or known exposure to COVID-19 and WILL NOT COME TO WORK if they show symptoms or have been knowingly exposed to the virus.
 - Signs & symptoms: fever, new loss of smell or taste, nausea, vomiting, diarrhea or digestive issues, cough, sore throat, shortness of breath, chills, muscle pain
 - Maintain communication with supervisor if we experience symptoms or have knowledge of direct exposure
 - Report positive COVID-19 test
 - If staff is exposed follow appropriate [CDC guidelines](#) before returning to work
- Wear a cloth face covering inside the building and at all times with athletes when there are more than two people in a shared space
- Keep a window open when possible
- Wash/disinfect hands frequently
- Sanitize shared frequently touched surfaces
- Maintain appropriate social distancing within our shared space
- Cover sneeze or cough (elbow, tissue, handkerchief)
- Respect coworkers personal decisions regarding their own health and safeguards
- Use best judgement about germ spreading and containment during and outside of work