



### COVID-19 Disclosure Statement

I, \_\_\_\_\_, understand and agree to the following protocols and behaviors for ASC training/camps as part of our return to training during the COVID-19 crises. ASC will continue to monitor evolving conditions and guidelines by health officials and other governing bodies (U.S. Ski and Snowboard), and these protocols and behaviors are subject to change. ASC reserves the right to modify this statement at any time and will notify all participants with updates.

#### ASC WILL:

- Continue to monitor current restrictions, protocols, and recommendations
- Verify that staff are COVID-19 symptom-free and have not been knowingly exposed to the virus
- Require staff to conduct a daily wellness check
- Conduct daily wellness check with all athletes attending training
- Enforce (to the best of our ability) all protocols and behaviors herein

#### I WILL:

- Report any signs, symptoms or known exposure to COVID-19 and I WILL NOT COME TO TEAM SESSIONS OR TRAINING FACILITIES
  - Signs symptoms: fever, new loss of smell or taste, nausea, vomiting, diarrhea or digestive issues, cough, sore throat, shortness of breath, chills, muscle pain
  - Participate willingly in all wellness checks
- Maintain communication with my head coach if I experience symptoms or have knowledge of direct exposure
  - Report positive COVID-19 test
  - Follow appropriate CDC and head coach directed guidelines before returning to practices
- Follow coach direction and guidelines regarding COVID protocols
  - Follow coach/team guidelines regarding practice/training group sizes
  - Follow coach/team guidelines regarding symptom screening and mask-wearing
  - Abide by lodging and transportation protocols as defined by ASC
- Not share water bottles, food/drinks, and personal gear
- Wash/disinfect my hands frequently before and after practice. Sanitize equipment/weights directly after use.
- Avoid touching my face
- Avoid touching teammates and coaches
- Maintain appropriate social distancing
- Cover my face with my own elbow when sneezing and coughing
- Respect teammates personal decisions regarding their own health and safeguards
- Use my best judgment about germ spreading and containment during and outside of team training sessions

By signing this document I, \_\_\_\_\_ have read, understand, and agree to the above statements.  
Athlete Signature \_\_\_\_\_ date \_\_\_\_\_

By signing this document I, \_\_\_\_\_ the parent/guardian of \_\_\_\_\_ have read, understand, and agree to the above statements, and will actively support them.  
Parent/Guardian Signature \_\_\_\_\_ date \_\_\_\_\_