



COVID-19 Disclosure Statement

I, _____, understand and agree to the following protocols and behaviors for ASC training/camps/competitions as part of our return to training during the COVID-19 crises. ASC will continue to monitor evolving conditions and guidelines by health officials and other governing bodies ([U.S. Ski and Snowboard](#)), and these protocols and behaviors are subject to change. ASC reserves the right to modify this statement at any time and will notify all participants with updates.

ASC WILL:

- Continue to monitor current restrictions, protocols, and recommendations
- Verify that staff are COVID-19 symptom-free and have not been knowingly exposed to the virus
- Require staff to conduct wellness checks and/or reminders
- Conduct wellness checks and/or reminders with all athletes attending training
- Enforce (to the best of our ability) all protocols and behaviors herein

I WILL:

- Report any signs, symptoms or known exposure to COVID-19 and I WILL NOT COME TO TEAM SESSIONS OR TRAINING FACILITIES
 - Signs symptoms: fever, new loss of smell or taste, nausea, vomiting, diarrhea or digestive issues, cough, sore throat, shortness of breath, chills, muscle pain
 - Participate willingly in all wellness checks
- Maintain communication with my head coach or program director if I experience symptoms or have knowledge of direct exposure
 - Report positive COVID-19 test
 - Follow appropriate CDC and head coach directed guidelines before returning to practices
- Follow coach direction and guidelines regarding COVID protocols
 - Follow coach/team guidelines regarding practice/training group sizes
 - Follow coach/team guidelines regarding symptom screening and mask-wearing
 - Abide by lodging and transportation protocols as defined by ASC
- Not share water bottles, food/drinks, and personal gear
- Wash/disinfect my hands frequently before and after practice. Sanitize equipment/weights directly after use.
- Avoid touching my face
- Avoid touching teammates and coaches
- Maintain appropriate social distancing
- Cover my face with my own elbow when sneezing and coughing
- Respect teammates personal decisions regarding their own health and safeguards
- Use my best judgment about germ spreading and containment during and outside of team training sessions

By signing this document I, _____ have read, understand, and agree to the above statements.
Athlete Signature _____ date _____

By signing this document I, _____ the parent/guardian of _____ have read, understand, and agree to the above statements, and will actively support them.
Parent/Guardian Signature _____ date _____