

PARENT CODE OF CONDUCT

The goal of the Alyeska Ski Club (ASC) is to make ski competitions fun for athletes of all ages. Therefore, it is imperative that athletes, coaches, parents, families, spectators and race officials conduct themselves with the highest degree of sportsmanship. To facilitate this objective, the USSS, USASA, IFSA and ASC have an Athlete's Code of Conduct and Parent's Code of Conduct.

Specifically, everyone associated with the ASC program(s) will be expected to promote a constructive and positive atmosphere both on and off the hill. While it is understandable that training and competition can and will breed excitement and high emotion, the ASC believes that spirited training and competition can be experienced without a "win at all cost" mentality.

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I hereby pledge to provide positive support, care and encouragement for my child participating in ski competitions with the ASC by following this Parent's Code of Conduct.

- I will inform the coach of any physical disability or ailment that may affect the safety of my child or others.
- I will learn the rules of ski racing and ski competitions and the policies of ASC.
- My guests and I will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all athletes, coaches, officials and spectators at any and all races, training and ASC events.
- I will place the emotional and physical well being of my child ahead of a personal desire to win.
- I will not encourage any behaviors or practices that would endanger the health or well being of the athletes.
- I will teach my child to race and train by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my child treat other racers, coaches, officials and spectators with respect, regardless of race, color, creed, sex or ability.
- I will never ridicule or yell at my child or another participant for making a mistake or losing a competition.
- I will do my very best to make ski competitions fun for my child.
- I will help my child enjoy the ski competition experience by doing whatever I can, such as providing transportation, being a respectful fan or assisting with club duties.
- I will respect the officials and their authority during races and support coaches working with my child in order to encourage a positive and enjoyable experience for all.
- I will demand a sports environment for my child that is free from drugs and alcohol and I will refrain from their use at all race events.
- I recognize that the relationship between an athlete and a coach can be altered dramatically by the presence of a parent. Therefore, during training I will do my best to "observe from afar".
- I will refrain from coaching my child or other athletes during training, races, and competitions unless I am asked to assist by a coach.